

HOULTON PARKS AND RECREATION DEPARTMENT



FALL PROGRAMS



All registrations are happening online!

To find out more and register for programs, go to houltonrec.com

Other inquires: 532-1310 | rec.director@houlton-maine.com

Gym & Game Room Open Hours

Starting Tuesday, October 10th!

- The Rec Center will be open for After School Hours, Monday through Fridays, from 2:45-5:00PM
 - On RSU29 Early Release Days, open hours will be 2:00-5:00PM
 - Adult and Youth supervision will be provided at all open hours
 - **MUST be in Grades 2-12 to attend**
- **Children in Grades 1 & younger MUST be accompanied by a parent/guardian**
 - *Once inside the building, you must stay*



What's Available?

Basketball, Bumper Pool, Pool, Foosball, Air Hockey, Bubble Hockey, Ping Pong, Board Games, Card Games, X-Box/Wii Games, Snack and Drink Machines



**Certain games cost 50 cents to play: pool, ping pong, air hockey, & bubble hockey. Please plan accordingly. Youth may purchase a Game Room Season Pass, which allows you to play these games at no extra charge (excluding air hockey and bubble hockey as they are coin operated). The cost for the pass is \$15.*

After the Bell Program

Register now to join us for some after school fun! We will meet every Tuesday at the Rec Center. Snacks will be provided. Each day will consist of different activities, such as: crafts, games, cooking, science experiments, outdoor activities, and more!

**Your child may ride the bus after school to the Rec—supervision will be provided when they arrive*

Age Group: Pre K—Grade 5

Day: Every Tuesday—8 Week Program

Time: 2:45-5:00PM

Where: Houlton Rec Center

Limit: 10 min / 16 max

Starting Date: Tuesday, October 17th

Ending Date: Tuesday, December 12th

**There will be no program on Tuesday, November 7th, due to the election*

Cost: \$80 Houlton Resident / \$120 Non-Houlton Resident

Registration: Required! Go to houltonrec.com to register!



Youth Pickleball



What's Pickleball? Join us to learn how much fun it is!

This fast growing sport is larger than ping pong, and smaller than tennis.
Paddles and equipment will be provided. Please wear sneakers and bring a water bottle.

Grades: 4 - 6 **When:** Mondays, October 16, 23, 30 **Time:** 5:00 - 5:45PM
Where: Houlton Rec Center **Limit:** 12 Participants **Registration:** Required!
Cost: \$15 Houlton Resident / \$20 Non-Houlton Resident

Red Cross Babysitters Course

Are you looking for a babysitting gig or have younger siblings you will be watching?
Register now to learn the skills, knowledge, and confidence needed
to be a babysitter and to take care of infants and toddlers!
Bring a lunch with you to the course, there will be time for a break.

Ages: 11 - 15 **When:** Saturday, November 4th **Time:** 9:00am - 3:00pm
Where: Houlton Rec Center **Limit:** 12 Participants **Registration:** Required!
Cost: \$50 per participant | **Payment due at course**

Make checks payable to: *Aroostook Health & Safety, LLC*

**Registration deadline is Wednesday, October 25th!*



Maine Sports Training Academy **Dry Land Training**

**Not a Rec Program, please contact Maine Sports Training Academy for questions and registration.*

Maine Sports Training Academy and SAMHA are partnering up for a
4 Week Dry Land Training Program!

Starting October 2, 2023 **Mondays and Thursdays** **John Millar Civic Center**
Grades 3-8: 5:00-6:15PM **Grades 9-12:** 6:30-7:45PM
Cost: \$200



Register for this program by scanning the QR code or
visiting Maine Sports Training Academy on Facebook!